



Keynote Themes for a Customized Experience

**Recognizing &
Addressing Toxic
Behaviors**

**From Bystander to
Ally: What Everyone
Can Do**

**Leadership & Culture
Change**

**Resilience & Self-Care
in Tough Environments**

Most Popular Keynotes

- Dealing with Toxic People at Work
- How Core Values Drive Change in Toxic Workplaces
- Workplace Bullying: What is it and How to Stop it
- Creating a Culture of Feedback

Managed by:





What People Are Saying

"Catherine delivered a phenomenal presentation. The response has been overwhelmingly positive—attendees were grateful for her engaging style, deep expertise, and actionable guidance. Many have already shared how applicable her session was for their work." **Corinne Santini, Director of Human Resources, Santa Barbara Zoo**

"Over my career, I've seen similar presentations and honestly have never been impressed by them. Catherine's was excellent. Powerpoints weren't a wall of words, included available research with citations, covered the topic from various viewpoints, and her perspective was not limited to the US." **Jan Price, Manager, Professional Learning Resources Employee Assistance Professional's Association**

Watch Catherine's speaker reel [here!](#)

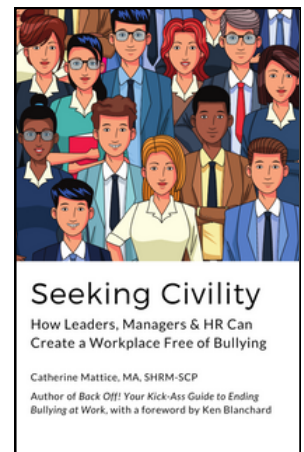
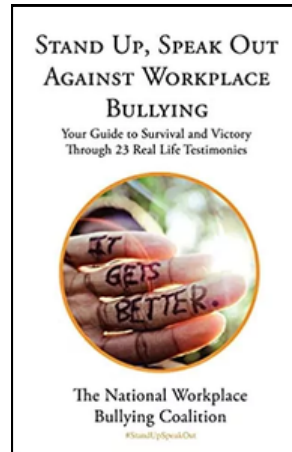
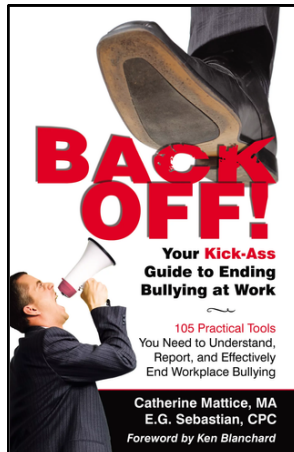
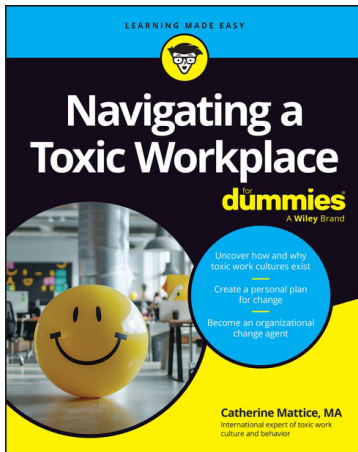


"When it comes to creating positive workplace cultures, and tackling issues like workplace bullying, Catherine is our go-to expert. Her knowledge and expertise make her an invaluable resource for both HR professionals and leaders looking to create lasting change in their organizations." **Kayla O'Neal, Senior Webinar Producer, Paycor**

"Catherine's keynote was one of the BEST presentations I've been part of in years! Her content and the delivery thereof were exceptional. It's evident that she possesses a unique talent for making a significant impact through her presentations." **Sherri Hayn, Office Manager, Vapor Systems Technologies, Inc.**



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